

## KITCHEN SCIENCE

Victor is gifted at using the objects around him to create amazing science experiments. He decides to make some hair gel for his neighbour's dog, Persephone.

## To make your own hair gel, you will need:

- A handful of linseeds or flax seeds (you can get these from health food shops)
- A pan with enough water to cover the seeds
- A hob
- A sieve
- A container for your gel it's slimy!
- Lavender oil (optional)

## Instructions

- 1. Put the water onto boil ask an adult to help you
- 2. When it's simmering, add the seeds
- 3. Simmer them for about 10 minutes or until the water starts to get congealed and slimy
- 4. Take the mixture off the heat
- 5. Sieve the mixture so that the seeds are separated store these, they can be used again!
- 6. Mix a couple of drops of lavender oil into your gunky mixture to make it smell nice (and to deter any head lice!)
- 7. Transfer your gunk to a container with a lid and store it in the fridge.
- 8. Use it on curly hair, like Persephone's. It relaxes the hair and makes it soft and shiny!





Can you describe what happened when the seeds were boiled in water? What type of reaction occurred?

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