



RESEARCHING WHAT WE EAT

In the film The End of the Line we see the role that consumers can play by making informed choices about the food they buy.

Most people buy their groceries in a supermarket. This activity asks you to find out what information different supermarkets provide to consumers.

INVESTIGATING YOUR LOCAL AREA

Make a list of the different supermarkets in your area:

SUPERMARKETS					

THE END OF THE LINE



Now use an internet search engine to see if there are any other places in a 5-10 mile radius where shoppers might be able to buy fish, for example, fishmongers or small-scale shops and suppliers.

Now that you have a list of the places shoppers could buy fish in your local area, you need to do some further research into these focusing on the following questions:

- 1) Do supermarkets, fishmongers and others give shoppers information about the source of the fish they sell (where it was caught) and the fishing method used to catch the fish?
- 2) Does the shop or supermarket have a policy on the kind of fish they sell? This could relate to the particular species of fish as well as the fishing or fish-farming methods used.

Once you have gathered this research you will need to write up your findings. Think about the following questions as a way of organising the data:

- How many choices of outlet are available to consumers in your local area? Are these all similar outlets (i.e. all supermarkets) or is there a range of options?
- What information do these outlets provide to their consumers on the origin of the fish and the fishing methods used to catch it?
- What emphasis do the different outlets place on the information they provide to consumers?
- Were there any common features of the policies/approaches of different outlets (if there was a policy)?
- Were there any surprises in the information you collected?

THE END OF THE LINE



USING THE INFORMATION

TASK 1

- Looking at the results of your research, are there any outlets you would like to make recommendations to?
- Write an email to the head of this outlet clearly outlining your recommendations. Remember to choose appropriate language keep it formal and polite.

TASK 2

- Using the data you have gathered develop a guide to buying fish for shoppers in your area. This could take the form of a leaflet or a blog.
- Before you start, think about what information you'd want to make available to consumers and how you would present it.

FURTHER RESEARCH

Using your class as a sample, develop a profile of consumer patterns in your area. You will need to gather information by putting together a questionnaire and then present the information using pie charts.

You can use the following questions as a starting point, adding at least three of your own questions and adapting the ones here if necessary.

- How many people in your household eat fish?
- If someone in your household purchases fish, where are they most likely to buy it?
 - supermarket (name if known)
 - fishmonger or other small supplier
 - restaurant or takeaway
- How often do people in your household consume the following:
 - fresh fish (from a fish counter)
 - frozen fish
 - tinned, pickled or preserved (e.g. smoked) fish
- Does anyone in your household eat fish from a restaurant or takeaway? If so, are they able to find out where the fish comes from/how it was caught?
- How many people in your household would you say are aware of overfishing or of sustainable fishing?
- How many people in your household would know what symbols to look for if they wanted to buy sustainable seafood?
- What information would encourage shoppers to buy more sustainably?